

Spiritual Practices

Questions related to the faith practices of your people

x 2023

(Optional) Filter the responses to this question by a particular demographic by selecting a question and associated response below

Select a question

Select a response

Pace of spiritual growth

Show table



Legend

- In a period of rapid spiritual growth
- Growing at a steady, continued pace
- Growing in my faith, but would like to grow more than I am
- Content staying right where I am spiritually
- Stalled in my spiritual growth
- In a period of spiritual decline

Year	Question	Answer	Responses
2023	Which of the following best describes the pace of your spiritual growth?	Growing at a steady, continued pace	44
2023	Which of the following best describes the pace of your spiritual growth?	Growing in my faith, but would like to grow more than I am	43
2023	Which of the following best describes the pace of your spiritual growth?	In a period of rapid spiritual growth	17
2023	Which of the following best describes the pace of your spiritual growth?	Stalled in my spiritual growth	10
2023	Which of the following best describes the pace of your spiritual growth?	Content staying right where I am spiritually	8
2023	Which of the following best describes the pace of your spiritual growth?	In a period of spiritual decline	3
2023	Which of the following best describes the pace of your spiritual growth?	No response	10

Catholic Journey

Show table



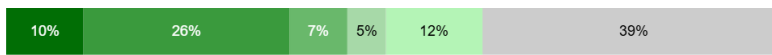
Legend

- My relationship with Jesus Christ is the most important relationship in my life
- I have personally encountered Jesus Christ and am growing as a disciple
- I practice my Catholic faith, but do not know Jesus personally like a friend
- I consider myself Catholic, though faith is not a significant

Year	Question	Answer	Responses
2023	Which of the following best describes where you are on your Catholic journey?	My relationship with Jesus Christ is the most important relationship in my life	62

Year	Question	Answer	Responses	part of my life
2023	Which of the following best describes where you are on your Catholic journey?	I have personally encountered Jesus Christ and am growing as a disciple	33	
2023	Which of the following best describes where you are on your Catholic journey?	I practice my Catholic faith, but do not know Jesus personally like a friend	12	
2023	Which of the following best describes where you are on your Catholic journey?	I consider myself Catholic, though faith is not a significant part of my life	5	
2023	Which of the following best describes where you are on your Catholic journey?	No response	23	

Frequency: Bible study/prayer group
 Show table



- Legend**
- Daily
 - Weekly
 - Monthly
 - Quarterly
 - Once or Twice a Year
 - Never
 - Group Daily, Weekly & Monthly

Year	Question	Answer	Value	Responses
2023	How often did you participate in or attend each of the following over the past year?	Bible study or prayer group (in person or online)	Never	47
2023	How often did you participate in or attend each of the following over the past year?	Bible study or prayer group (in person or online)	Weekly	32
2023	How often did you participate in or attend each of the following over the past year?	Bible study or prayer group (in person or online)	Once or Twice a Year	15
2023	How often did you participate in or attend each of the following over the past year?	Bible study or prayer group (in person or online)	Daily	12
2023	How often did you participate in or attend each of the following over the past year?	Bible study or prayer group (in person or online)	Monthly	9
2023	How often did you participate in or attend each of the following over the past year?	Bible study or prayer group (in person or online)	Quarterly	6
2023	How often did you participate in or attend each of the following over the past year?	Bible study or prayer group (in person or online)	No response	14

Frequency: Individual
prayer time

Show table



Year	Question	Answer	Value	Responses
2023	How often did you participate in or attend each of the following over the past year?	Individual prayer time with God	Daily	101
2023	How often did you participate in or attend each of the following over the past year?	Individual prayer time with God	Weekly	14
2023	How often did you participate in or attend each of the following over the past year?	Individual prayer time with God	Once or Twice a Year	3
2023	How often did you participate in or attend each of the following over the past year?	Individual prayer time with God	Monthly	3
2023	How often did you participate in or attend each of the following over the past year?	Individual prayer time with God	Never	3
2023	How often did you participate in or attend each of the following over the past year?	Individual prayer time with God	No response	11

Frequency: Mass
attendance

Show table

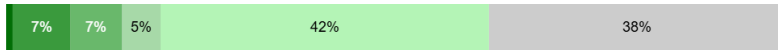


Year	Question	Answer	Value	Responses
2023	How often did you participate in or attend each of the following over the past year?	Mass	Weekly	98
2023	How often did you participate in or attend each of the following over the past year?	Mass	Monthly	10
2023	How often did you participate in or attend each of the following over the past year?	Mass	Daily	4
2023	How often did you participate in or attend each of the following over the past year?	Mass	Never	4

Year	Question	Answer	Value	Responses
2023	How often did you participate in or attend each of the following over the past year?	Mass	Once or Twice a Year	3
2023	How often did you participate in or attend each of the following over the past year?	Mass	Quarterly	2
2023	How often did you participate in or attend each of the following over the past year?	Mass	No response	14

Frequency: Confession

Show table



Year	Question	Answer	Value	Responses
2023	How often did you participate in or attend each of the following over the past year?	The Sacrament of Reconciliation (Confession)	Once or Twice a Year	51
2023	How often did you participate in or attend each of the following over the past year?	The Sacrament of Reconciliation (Confession)	Never	46
2023	How often did you participate in or attend each of the following over the past year?	The Sacrament of Reconciliation (Confession)	Weekly	9
2023	How often did you participate in or attend each of the following over the past year?	The Sacrament of Reconciliation (Confession)	Monthly	8
2023	How often did you participate in or attend each of the following over the past year?	The Sacrament of Reconciliation (Confession)	Quarterly	6
2023	How often did you participate in or attend each of the following over the past year?	The Sacrament of Reconciliation (Confession)	Daily	1

Year	Question	Answer	Value	Responses
2023	How often did you participate in or attend each of the following over the past year?	The Sacrament of Reconciliation (Confession)	No response	14

Frequency: Pastoral counseling/spiritual direction

Show table



Year	Question	Answer	Value	Responses
2023	How often did you participate in or attend each of the following over the past year?	Pastoral Counseling or Spiritual Direction	Never	69
2023	How often did you participate in or attend each of the following over the past year?	Pastoral Counseling or Spiritual Direction	Once or Twice a Year	26
2023	How often did you participate in or attend each of the following over the past year?	Pastoral Counseling or Spiritual Direction	Monthly	10
2023	How often did you participate in or attend each of the following over the past year?	Pastoral Counseling or Spiritual Direction	Quarterly	9
2023	How often did you participate in or attend each of the following over the past year?	Pastoral Counseling or Spiritual Direction	Weekly	7
2023	How often did you participate in or attend each of the following over the past year?	Pastoral Counseling or Spiritual Direction	No response	14

Frequency: Class/workshop

Show table



Year	Question	Answer	Value	Responses
2023	How often did you participate in or attend each of the following over the past year?	A class or workshop about the Catholic faith (in person or online)	Never	68
2023	How often did you participate in or attend each of the following over the past year?	A class or workshop about the Catholic faith (in person or online)	Once or Twice a Year	25
2023	How often did you participate in or attend each of the following over the past year?	A class or workshop about the Catholic faith (in person or online)	Quarterly	11
2023	How often did you participate in or attend each of the following over the past year?	A class or workshop about the Catholic faith (in person or online)	Monthly	10
2023	How often did you participate in or attend each of the following over the past year?	A class or workshop about the Catholic faith (in person or online)	Weekly	6
2023	How often did you participate in or attend each of the following over the past year?	A class or workshop about the Catholic faith (in person or online)	Daily	1
2023	How often did you participate in or attend each of the following over the past year?	A class or workshop about the Catholic faith (in person or online)	No response	14

Frequency: Social event

Show table



Year	Question	Answer	Value	Responses
2023	How often did you participate in or attend each of the following over the past year?	A parish social event	Once or Twice a Year	40
2023	How often did you participate in or attend each of the following over the past year?	A parish social event	Monthly	35

Year	Question	Answer	Value	Responses
2023	How often did you participate in or attend each of the following over the past year?	A parish social event	Quarterly	23
2023	How often did you participate in or attend each of the following over the past year?	A parish social event	Never	16
2023	How often did you participate in or attend each of the following over the past year?	A parish social event	Weekly	8
2023	How often did you participate in or attend each of the following over the past year?	A parish social event	Daily	1
2023	How often did you participate in or attend each of the following over the past year?	A parish social event	No response	12

Frequency: Retreat

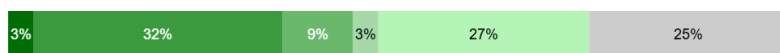
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Year	Question	Answer	Value	Responses
2023	How often did you participate in or attend each of the following over the past year?	A retreat	Never	73
2023	How often did you participate in or attend each of the following over the past year?	A retreat	Once or Twice a Year	35
2023	How often did you participate in or attend each of the following over the past year?	A retreat	Quarterly	4
2023	How often did you participate in or attend each of the following over the past year?	A retreat	Weekly	1
2023	How often did you participate in or attend each of the following over the past year?	A retreat	No response	22

Frequency: Eucharistic adoration

Show table



Year	Question	Answer	Value	Responses
2023	How often did you participate in or attend each of the following over the past year?	Eucharistic adoration – time in prayer before Jesus in the Blessed Sacrament	Weekly	39
2023	How often did you participate in or attend each of the following over the past year?	Eucharistic adoration – time in prayer before Jesus in the Blessed Sacrament	Once or Twice a Year	33
2023	How often did you participate in or attend each of the following over the past year?	Eucharistic adoration – time in prayer before Jesus in the Blessed Sacrament	Never	31
2023	How often did you participate in or attend each of the following over the past year?	Eucharistic adoration – time in prayer before Jesus in the Blessed Sacrament	Monthly	11
2023	How often did you participate in or attend each of the following over the past year?	Eucharistic adoration – time in prayer before Jesus in the Blessed Sacrament	Quarterly	4
2023	How often did you participate in or attend each of the following over the past year?	Eucharistic adoration – time in prayer before Jesus in the Blessed Sacrament	Daily	4
2023	How often did you participate in or attend each of the following over the past year?	Eucharistic adoration – time in prayer before Jesus in the Blessed Sacrament	No response	13

Frequency: Catholic devotions

Show table



Year	Question	Answer	Value	Responses
2023	How often did you participate in or attend each of the following over the past year?	Catholic Devotions (e.g. pray the rosary, novenas, special feast days)	Once or Twice a Year	45

Year	Question	Answer	Value	Responses
2023	How often did you participate in or attend each of the following over the past year?	Catholic Devotions (e.g. pray the rosary, novenas, special feast days)	Monthly	24
2023	How often did you participate in or attend each of the following over the past year?	Catholic Devotions (e.g. pray the rosary, novenas, special feast days)	Never	17
2023	How often did you participate in or attend each of the following over the past year?	Catholic Devotions (e.g. pray the rosary, novenas, special feast days)	Quarterly	15
2023	How often did you participate in or attend each of the following over the past year?	Catholic Devotions (e.g. pray the rosary, novenas, special feast days)	Weekly	13
2023	How often did you participate in or attend each of the following over the past year?	Catholic Devotions (e.g. pray the rosary, novenas, special feast days)	Daily	9
2023	How often did you participate in or attend each of the following over the past year?	Catholic Devotions (e.g. pray the rosary, novenas, special feast days)	No response	12